August 27, 2014

Honors Humanities

**The Examined Life**

Tonight, you're going to take Socrates' word for it and attempt to lead an examined life. Write down three beliefs that you hold and then examine why you hold them, *ie* what reasons you have for holding them. The beliefs should be about something **significant**, something that **matters** (don't examine your belief that "cheese is delicious"). If you're having trouble thinking of your beliefs, email me, and I will help you along with some guiding questions.

Each examination of a belief should be a paragraph (5-6 sentences) and should consist of you explaining or defending the belief (imagine someone were to ask you, "Why do you believe that? What reasons do you have for that belief?").